



Anu Shroff

Keynote Speaker

A NATURAL STORYTELLER

"Anu is a natural storyteller and had me captivated within the first sentence she delivered from stage at bLU Talks Miami. I found practical takeaways from her message that helped me manage my personal energy and take charge of challenging life circumstances with confidence and ease. I am excited to follow Anu's career as a speaker and author, as she is a true influencer and thought leader."

- Emily Harrison, Founder/Director of The Akashic Academy



SPEAKING TOPICS

Rest, Reset and Reframe

We have created a population of wired to the max zombies as work-life boundaries blur. If we want to progress at work and life, we need to pause. How does a rest, reset and reframe benefit organisations? It helps executives feel motivated, anchored and aligned to their next step.

Space Creates Safety

One of the key challenges in organisations is creating successful teams. How does creating safe spaces for teams to have honest conversations help organisations? It addresses one of the key difficulties executives grapple with – having difficult conversations. With space comes honesty and trust. This helps organisations tap on the collective wisdom in the team to navigate the uncertain world.

Slow Down to Strategise

If you want to go far, you need to slow down to calibrate where you are heading. Being busy doesn't create a strategy. Strategy comes with the ability to slow down. Organisations which slow down have the advantage of learning and responding together.

Manifest your Map

We live in uncharted times. There is no gameplan for the complexity that surrounds us. At times we feel like we are taking 2 steps forward and 1 step back. This is when we need to manifest our own map. Take a step back and re-evaluate what we truly seek. Then build the confidence to take the next best step.



AS SEEN IN



Lifelong Learning Institute

SKILLSfuture SG



CIO TIMES

Featured in the Women Making Waves 2022 article



AWARDS



Civil Service College Innovation for Impact Award 2022

BIO

Anu Shroff is a certified Organisational Coach, Corporate Facilitator and Speaker. With over 500 hours of coaching experience, Anu understands the complexity of organisations and their key challenges. She blends her facilitation experience with her deep understanding of human psychology and group processes to offer practical and thought-provoking solutions.

Her corporate talks are filled with human stories that resonate with the audience and leave them feeling motivated and with practical steps they can implement easily. Anu works with each organisation to understand what they need so that she can cater her talk to achieve their desired outcome.

As a speaker, Anu is energetic, confident and creates a safe space for her audience to relax.



CONTACT

Anu Shroff is available to speak for 20, 30 or 40 minutes at corporate events.

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